#### **Hamilton Mill United Methodist Church** Preschool

Volume 23, Issue 5 January 1, 2024



## January

4 School resumes and Tuition envelopes will go home

8-9 Registration information goes home for 2024-25

10-11 Wear Black and White Days

12 January tuition due

15 No School -MLK holiday

16 Registration request forms are due

17-18 Applications for registration go home

18 Hospitality Treat

24 Preschool staff meeting

24-25 Wildlife Wonders come to visit

25 In-House Registration due

30-31 Wear School Shirt Days

February 5-6 Muffins with Mom

February 7 Church reg. at 10am & Legacy reg. at 10:30am February 9 community registration at 9am



# Resolutions

As we begin 2024, it is wise to make some resolutions. While we might resolve to eat better, exercise more, and rest more, we might also consider how our children's time is spent. While our children are young, their brains are growing at an enormous rate. Providing the best environment for our children to grow and learn should be a priority. Research tells us outside to play! The exercise that the more our children move the large muscles in their bodies by running, jumping, pushing, pulling, hopping, and spinning, the better they will perform in school in years to follow. While the muscles work, connections are made in the brain. These connections have lasting significance. Although computer skills, writing skills and desk work are important, muscle work is paramount.

Children who are active outside while younger will have greater success in school. For example, handwriting is affected if a child doesn't have adequate shoulder strength. A child playing 'wheel barrow' with a friend will increase his/ her arm and shoulder strength.

Even though it is cold outside, bundle up and take the kids will be good for you and will help grow their brains! More and more children are being diagnosed with learning disabilities. One reason is because Give me new understanding, as a society we are more sedentary. Children tend to play a video game instead of climb a tree! We need to move our muscles because this affects our brains directly. Go outside

and play! When you can take

the cold no longer, bring them

inside, fix some hot chocolate

and read them a book or two. Your children and you will benefit from these two activities more than you can ever measure.

Prayer for Parents: Healthy children make a lot of noise. They sing, they shout, they belly laugh, they fight, they bang things together, they bounce things, they cry, they scream, they make lots of noise. They play loud. God, bless my healthy children. Give me new ears, ears that hear the music of their noise. understanding that doesn't crush their spirit with my intolerance and oversensitivity. Give me a new Peace, a Peace that is grateful for the sounds created by healthy children.

## <u>Announcements</u>

## Thanks for your generosity!

We appreciate all of your gifts during Christmas. Thank you to all who were able to attend the Christmas programs and celebrations. It was so wonderful to see everyone! Also, a big thanks to our December hospitality group. Thank you Ashley Kammerer, Kaitlynne Owens, Ryan and Zoe Ruzek for the yummy breakfast treats. Also, thank you to Calene Chambers and Celeste Davis for watching staff kids for our staff meeting at the end of November.

#### **Tuition**

We are sending January tuition envelopes home the first day back after Christmas in January, so they will be due January 12.

#### Tax ID

Did you know that if you use

preschool for your child while you work, you can claim the tuition on your taxes? If this pertains to you, email Jennifer or Amy Nisbeth, to get the church's tax ID number.

#### Missions

Thank you so much for all of the kid's pajamas for Jambo. We collected 50 pairs and filled up two boxes and they will provide many foster children with new jammies as they enter a home. Our mission for January will be collecting cups of soup for Desire Thy Portion who will distribute to those in need in our area.

### Supplies

We are very low on Lysol spray, Lysol wipes and baby wipes. If you are able to send any in for the school we would appreciate it.

#### Coats

Please remember to send a

coat in with your child each day when the weather is cool. If the weather is cool but pleasant, we will go outside to play! Forty degrees is usually our guideline. Outside play is so important for a child's well being. Please label all coats, <u>jackets, and hats</u> .

#### **Animals are coming**

Wildlife Wonders will visit our preschool to present All of God's Creatures on January 24 and 25. Live exotic animals will be shown to the children as we talk about how God created each of them. They come from the N. Georgia Wildlife Park.

### Pease read: Upcoming **Registration for 2024-25**

Please look in your child's book bag for information about registration. Please make note of the deadlines for current students.